Yelahanka Chatralayam

Visit By
Neerja & Vasan Raman
Saturday March 11, 2023
Details

- Girls Hostel for about 50 girls
- Current occupancy is at 25 girls
- Girls range in age from about 5 to 15 years
- Headed up by Swamini Saraswatiji
- We were hosted for ~3 hours by:
  - Resident Supervisor (“Mother”)
  - Volunteer Resident Teacher - teaches English
  - Sri S. Jothi, coordinator for Chatralayams in South India
Agenda:

- Introduction to the girls
- Dance Recital
- Had snacks and coffee
- Tour of the residence
- Tour of the expansion building, next door
Girls introducing themselves - name, age, where they are from, ....
Volunteer Dance teacher had recently taught them all 52 Bharatnatyam “mudras”
• Dormitory Style
• Resident full time chaperone
  • Coordinates daily routine
  • Supervises all activities at the Chatralayam
  • “Mother” for all the girls
  • Coordinates the volunteers
• Computer Lab in the Chatralayam donated by a local sponsor
• Taught by a local volunteer
• Individual daily tasks & responsibilities (like home)
<table>
<thead>
<tr>
<th>Day</th>
<th>Breakfast</th>
<th>Lunch</th>
<th>Snacks</th>
<th>Snacks</th>
<th>Dinner</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mon</td>
<td>Kashaya</td>
<td>Tomato Bath</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tue</td>
<td>Milk</td>
<td>Pudina Rice</td>
<td></td>
<td></td>
<td>Ragi Rotti</td>
</tr>
<tr>
<td>Wed</td>
<td>Kashaya</td>
<td>Kulche Sambal</td>
<td></td>
<td></td>
<td>Rice Semi 2</td>
</tr>
<tr>
<td>Thu</td>
<td>Milk</td>
<td>Vangi Bath</td>
<td></td>
<td></td>
<td>Ragi Bath</td>
</tr>
<tr>
<td>Fri</td>
<td>Kashaya</td>
<td>Vegetable</td>
<td></td>
<td></td>
<td>Vangi Povi</td>
</tr>
<tr>
<td>Sat</td>
<td>Kashaya</td>
<td>Nari &amp; Rice</td>
<td></td>
<td></td>
<td>Dahi Achar</td>
</tr>
<tr>
<td>Sun</td>
<td>Tea Biscuit</td>
<td>Ladi Sambal</td>
<td></td>
<td></td>
<td>Rice Semi 3</td>
</tr>
</tbody>
</table>

- Healthy Menu
CONCLUSIONS:

- Girls looked happy, healthy
- Emotionally secure - parent visits on holidays
- Quite talkative and responsive
- Good study curriculum - taught at nearby government school
- Good daily routine
- Good vehicle for volunteers:
  - Healthcare
  - Dance
  - English teaching
  - Computer
  - ...