

Yelahanka Chatralayam

Visit By

Neerja & Vasanth Raman

Saturday March 11, 2023



Details

- Girls Hostel for about 50 girls
- Current occupancy is at 25 girls
- Girls range in age from about 5 to 15 years
- Headed up by Swamini Saraswatiji
- We were hosted for ~3 hours by:
 - Resident Supervisor (“Mother”)
 - Volunteer Resident Teacher - teaches English
 - Sri S. Jothi, coordinator for Chatralayams in South India



Jothi

Vasana

Neerja

Res Teacher "Mother"

Agenda:

- ▶ Introduction to the girls
- ▶ Dance Recital
- ▶ Had snacks and coffee
- ▶ Tour of the residence
- ▶ Tour of the expansion building, next door



Girls introducing themselves - name, age, where they are from,



Volunteer Dance teacher had recently taught them all 52 Bharatnatyam “mudras”

- Dormitory Style
- Resident full time chaperone
 - Coordinates daily routine
 - Supervises all activities at the Chatralayam
 - “Mother” for all the girls
 - Coordinates the volunteers





- Computer Lab in the Chatralayam donated by a local sponsor
- Taught by a local volunteer



- Individual daily tasks & responsibilities (like home)

DAY'S	6:AM Tea Break	7:30 AM Breakfast	1:PM Lunch	4:30 PM Snack's	8:00 PM Dinner
01 Monday	KASHAYA	Tomato Bath	Tomato Bath	Ragi malt	Chapati & Pula & Uppu
02 Tuesday	MILK	Pudina Rice	Pudina Rice white Rice	Ragi puttu & Ragi malt	Khara Pongal Sambor & Chapati
03 Wednesday	KASHAYA	idli Sambor	Ragi ball	Ragi malt	Vangi Bath
04 Thursday	MILK	Vangi Bath Puliyathayal -rice	veg-sambor Pala Rice	Kadla Pori & Ragi malt	Puri Ala
05 Friday	KASHAYA	vegetable -rice milk &	Kara-Kidambu & Rice	Ragi-malt	SHAWA & BATH Rice-veg Sambor Rasam-Pala Beebat
06 Saturday	KASHAYA	Ragi malt	Bisibid bath	Ragi-malt	Rice Miviveg-sambor &
07 Sunday	Tea Biscuit	Dosa	Parupai-sambor & Coconut-Rice	Tea-Biscuit	Rice

- Healthy Menu

CONCLUSIONS:

- ▶ Girls looked happy, healthy
- ▶ Emotionally secure - parent visits on holidays
- ▶ Quite talkative and responsive
- ▶ Good study curriculum - taught at nearby government school
- ▶ Good daily routine
- ▶ Good vehicle for volunteers:
 - ▶ Healthcare
 - ▶ Dance
 - ▶ English teaching
 - ▶ Computer
 - ▶ ...



ಸ್ವಾಮಿ ದಯಾನಂದ ಛಾತ್ರಾಲಯ
Swami Dayananda AIM for Seva Chatralayam for Girls
IN MEMORY OF: Smt. LAKSHMIDEVI-MALLEGOWDA

SWAMI DAYANANDA
AIM FOR SEVA
CHATRALAYAM FOR GIRLS
Plot No. 20 / 21 Thimale Nagan,
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NO PARKING
NARAYANA